

NoBake Energy Bites

Oscar · 28/09/2024



Prep Time

1 hr 15 mins

Difficult

Medium

Servings

24

Description

These energy bites are a healthy take on traditional nobake cookies So good and good for you Im asked for this recipe every time I make them Theyre a hit with kids and adults and always go quick I store them in the freezer because I think they taste best frozen but its not necessary

Ingredients

— - 1 cup rolled oats - ½ cup miniature semisweet chocolate chips - ½ cup ground flax seed - ½ cup crunchy peanut butter - ? cup honey - 1 teaspoon vanilla extract

Instructions

1. Stir oats
2. chocolate chips
3. flax seed
4. peanut butter
5. honey
6. and vanilla extract together in a bowl. Roll dough into 24 balls with your hands. Arrange balls on a baking sheet and freeze until set
7. about 1 hour.