



Amazing Healthy Dark Chocolate

Oscar · 28/09/2024



Prep Time

24

Difficult

Easy

Servings

3 cups

Description

My husband and I made this up while we were on a vegan diet All 3 ingredients are superfoods so not only is this chocolate yummy but actually good for you Serving ideas dip fruits in it chill and roll into truffles press into mold and chill or make hot chocolate

Ingredients

- - 1 cup coconut oil
- melted - 1 cup unsweetened cocoa powder - 1 cup maple syrup

Instructions

1. Mix coconut oil
2. cocoa powder
3. and maple syrup together in a bowl until evenly combined. Cook's Note Because coconut oil has a low melting point (76 degrees F/24 degrees C)
4. this will harden a lot in the fridge. Not Too Sweet
5. Not Too Bitter—These Are the Best Dark Chocolate Bars