

Homemade Hair Growth Conditioner Recipe

Oscar · 28/09/2024



Prep Time

5 mins

Difficult

Medium

Servings

15 mins

Description

This homemade conditioner for hair growth is made with all natural ingredients such as essential oils. The ingredients in this leave-in conditioner encourage quick healthy hair growth, promote shine, smooth out frizzy hair, and repair split ends. This makes enough for three applications.

Ingredients

— 1/4 cup shea butter - 3 tablespoons coconut oil - 1 tablespoon argan oil - 2 tablespoons aloe vera juice - 3 to 4 capsules vitamin E oil - 7 drops rosemary essential oil

Instructions

1. Gather all ingredients. Dotdash Meredith Food Studios Combine shea butter
2. coconut oil
3. and argan oil in the top of a double boiler over simmering water. Stir occasionally until melted
4. about 5 minutes. Remove from the heat and let cool slightly
5. about 5 minutes; don't let it solidify. Dotdash Meredith Food Studios Pour mixture into a food processor; process on high speed until smooth. Dotdash Meredith Food Studios Pour aloe vera juice in slowly
6. with the processor running
7. and blend until creamy
8. 3 to 5 minutes. Dotdash Meredith Food Studios Add vitamin A oil and essential oil; blend until incorporated. Dotdash Meredith Food Studios