



Quick NoodleVeggie Bowls

Oscar · 28/09/2024



Prep Time

20 mins

Difficult

Medium

Servings

4

Description

This simple noodle bowl recipe is super adaptable. Feel free to swap out the mushrooms and snow peas for other quickcooking veggies such as broccoli, cabbage, or green beans.

Ingredients

- 2 tablespoons vegetable oil - 1 cup sliced fresh mushrooms - 1 cup snow peas - $\frac{3}{4}$ cup shredded carrot - 4 green onions
- sliced - 1 clove garlic
- minced - $\frac{1}{4}$ cup reduced-sodium soy sauce - 1 teaspoon white sugar - $\frac{1}{4}$ teaspoon cayenne pepper - 8 ounces cooked spaghetti - 1 tablespoon toasted sesame seeds

Instructions

1. Heat oil in a skillet over medium-high heat. Add mushrooms
2. snow peas
3. carrot
4. and green onions. Cook
5. stirring
6. until crisp-tender
7. about 4 minutes. Add garlic; cook 1 minute more. Stir together soy sauce
8. sugar
9. and cayenne in a small bowl; pour into skillet. Add cooked spaghetti and toss to coat. Cook until heated through
10. about 1 minute. Sprinkle with toasted sesame seeds.