

Healthy and Delicious Southern Turnip Greens

Oscar · 28/09/2024

**Prep Time**

50 mins

Difficult

Medium

Servings

5

Description

Traditional seasonings for turnip greens in the South are bacon grease or ham. This healthier version is a delicious alternative. Serve as is or with sautéed bell peppers, onions, and garlic.

Ingredients

- 1 (14 ounce) can chicken broth - 1 ½ cups water - 3 tablespoons extra-virgin olive oil - ¼ teaspoon salt - ¼ teaspoon ground black pepper - 1 pound turnip greens
- chopped - ½ teaspoon white sugar

Instructions

1. Gather the ingredients. Bring chicken broth
2. water
3. oil
4. salt
5. and pepper to a boil in a stockpot. Add turnip greens and sugar and return to a boil; reduce heat to medium-low and simmer
6. stirring every 15 minutes
7. until greens are tender
8. at least 30 minutes or up to 2 hours. Recipe Tip You can substitute collard greens for turnip greens.