



Rebecca39s Instant Cinnamon Oatmeal

Oscar · 28/09/2024



Prep Time

17

Difficult

Medium

Servings

17 packets

Description

An easy way to make individual instant oatmeal packets for a fast and hearty breakfast The kids love to help Add raisins honey or fruit as toppings if you like My family of 7 will triple the recipe and put all the filled baggies into a gallon size resealable for storage All the kids have to do in the morning is add water and any extra toppings and then microwave

Ingredients

— - 4 cups old-fashioned oats - 1 cup wheat germ - $\frac{3}{4}$ cup packed brown sugar - $\frac{1}{2}$ cup nonfat dry milk powder - 2 teaspoons ground cinnamon - resealable sandwich bags

Instructions

1. Blend oats in a blender until powdery; transfer to a large bowl. Add wheat germ
2. brown sugar
3. milk powder
4. and cinnamon; stir until evenly distributed. Spoon 5 tablespoons oat mixture into 17 individual sandwich bags. Cook's Note: When ready to serve
5. simply add a baggie of oatmeal mixture to 5 to 8 tablespoons of water (depending how thick you like your oatmeal) in a microwaveable bowl and microwave for 30 seconds. Enjoy!