



Toasted Pumpkin Seeds

Jacob · 28/09/2024



Prep Time

50 mins

Difficult

Easy

Servings

8

Description

This is what you can do with all those seeds after the Jack O Lantern is carved Any seasoning will work in place of salt Try Cajun

Ingredients

— - 2 cups raw whole pumpkin seeds - 2 tablespoons vegetable oil - 1 tablespoon salt

Instructions

1. Preheat oven to 325 degrees F (165 degrees C). Spread the pumpkin seeds on a medium baking sheet. Drizzle with oil. Sprinkle with salt. Bake 45 minutes in the preheated oven
2. stirring occasionally
3. until lightly toasted.