Flax and Sunflower Seed Bread

Jacob · 28/09/2024



Prep Time

2 hrs 20 mins

Dificult

Medium

Servings

3 hrs

Description

This is a great bread for seed lovers one of the tastiest Ive tried

Ingredients

— - 1 ? cups water - 2 tablespoons butter

— softened - 3 tablespoons honey - 1 ½ cups bread flour - 1 ? cups whole wheat bread flour - 1 teaspoon salt - 1 teaspoon active dry yeast - ½ cup flax seeds - ½ cup sunflower seeds

Instructions

1. Place all ingredients (except sunflower seeds) in the pan of the bread machine in the order recommended by the manufacturer. Select Basic White Cycle; press Start. Add the sunflower seeds when the alert sounds during the Knead Cycle. Recipe Tip You can use all whole wheat flour and run the whole wheat bread cycle.