

Baked Eggplant

Savannah · 28/09/2024



Prep Time

50 mins

Difficult

Medium

Servings

6

Description

A great baked eggplant dish made with slices of eggplant and tomato seasoned with oregano and Parmesan cheese

Ingredients

- - cooking spray - 1 eggplant
- sliced into ½-inch-thick rounds - 3 tomatoes
- sliced - 1 tablespoon extra virgin olive oil - 1 teaspoon oregano - salt and ground black pepper to taste - ? cup grated Parmesan cheese

Instructions

1. Preheat the oven to 400 degrees F (200 degrees C). Grease a baking dish with nonstick cooking spray. Arrange eggplant and tomato slices in the bottom of the prepared baking dish. Drizzle olive oil over vegetables; season with oregano
2. salt
3. and pepper. Sprinkle Parmesan cheese on top. Bake in the preheated oven until cheese begins to brown
4. about 30 minutes. Switch the oven broiler to high; continue baking until the top is completely browned
5. about 5 minutes.