



Kielbasa with Brussels Sprouts

Savannah · 28/09/2024



Prep Time

33 mins

Difficult

Medium

Servings

4

Description

Kielbasa slices and baby Brussels sprouts cooked with red onion make a hearty main dish I serve this with macaroni and cheese and a loaf of French bread Even the kids love it My husband likes to eat his with spicy brown mustard

Ingredients

- - 1 tablespoon canola oil - 1 (16 ounce) package kielbasa sausage
- sliced into 1/2 inch pieces - 1 red onion
- chopped - 14 ounces baby Brussels sprouts
- trimmed and cut in half - salt and ground black pepper to taste

Instructions

1. Heat the oil in a large skillet over medium-high heat. Add the sausage and onion. Cook and stir until onion is translucent
2. 8 to 10 minutes. Add the Brussels sprouts
3. and cook 10 minutes more. Season with salt and pepper to taste.