



Almost No Fat Banana Bread

Savannah · 28/09/2024



Prep Time

1 hr 5 mins

Difficult

Medium

Servings

12

Description

This banana bread with applesauce is surprisingly moist and has a wonderful flavor Add nuts or raisins for variation

Ingredients

- - cooking spray - 1 ½ cups all-purpose flour - ¾ cup white sugar - 1 ¼ teaspoons baking powder - ½ teaspoon baking soda - ½ teaspoon ground cinnamon - 1 cup banana
- mashed - ¼ cup applesauce - 2 egg whites

Instructions

1. Preheat the oven to 350 degrees F (175 degrees C). Lightly grease an 8x4-inch loaf pan. Stir flour
2. sugar
3. baking powder
4. baking soda
5. and cinnamon together in a large bowl. Add banana
6. applesauce
7. and egg whites; stir just until combined. Pour batter into the prepared pan. Dotdash Meredith Food Studios Bake in preheated oven until a toothpick inserted into the center comes out clean
8. 50 to 55 minutes. Turn out onto a wire rack and allow to cool before slicing. Dotdash Meredith Food Studios