



Fruit and Yogurt Smoothie

Savannah · 28/09/2024



Prep Time

2

Difficult

Medium

Servings

N/A

Description

This yogurt smoothie recipe is delicious You may substitute the strawberries for any other berries or fruit

Ingredients

— - 1 cup strawberries - 1 banana - ½ cup yogurt - ¼ cup pineapple juice - 1 ½ teaspoons white sugar - 1 teaspoon orange juice - 1 teaspoon milk

Instructions

1. Gather all ingredients. Dotdash Meredith Food Studios Combine strawberries
2. banana
3. yogurt
4. pineapple juice
5. sugar
6. orange juice
7. and milk in a blender. Dotdash Meredith Food Studios Blend until smooth. Dotdash Meredith Food Studios