



Meatloaf Muffins

Jacob · 28/09/2024



Prep Time

1 hr 15 mins

Difficult

Medium

Servings

6

Description

Easy to make meatloaf in individually sized muffins

Ingredients

— - 2 pounds lean ground beef - 1 (10.5 ounce) can condensed vegetable soup - $\frac{1}{2}$ cup chopped onion - 1 cup dry bread crumbs - 2 eggs - 1 teaspoon salt - 1 pinch ground black pepper - $\frac{3}{4}$ cup ketchup (Optional)

Instructions

1. Preheat an oven to 350 degrees F (175 degrees C). Lightly grease a 12 cup muffin pan. Mix ground beef
2. soup
3. onion
4. bread crumbs
5. eggs
6. salt
7. and pepper in a bowl. Scoop mixture evenly into prepared muffin cups. Bake 1 hour in the preheated oven to a minimum temperature of 160 degrees F (70 degrees C). If desired
8. remove from oven after 50 minutes
9. drizzle ketchup on the top of each muffin
10. and return to oven for an additional 10 minutes.