



Jackie39s Special Meatloaf

Jacob · 28/09/2024



Prep Time

1 hr 15 mins

Difficult

Medium

Servings

6

Description

My faveorite meatloaf recipe that my mom gave to me but I updated Great with mashed potatoes and green peas Pass the ketchup ENJOY PS I eyeball this recipeyou should too

Ingredients

- - 1 pound ground beef - 2 eggs
- beaten - 1 cup panko bread crumbs - $\frac{3}{4}$ cup ketchup
- divided - 1 tablespoon salt-free seasoning blend - 1 tablespoon garlic powder - 1 tablespoon onion powder - salt to taste - ground black pepper to taste

Instructions

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease a baking pan. Place the ground beef
2. eggs
3. panko
4. and 1/2 cup ketchup in a large bowl. Mix by hand
5. and season with salt-free seasoning blend
6. garlic powder
7. onion powder
8. salt
9. and pepper. Form into a loaf shape
10. and place on the prepared baking pan. Drizzle with remaining 1/4 cup ketchup. Bake 1 hour in the preheated oven
11. to an internal temperature of 160 degrees F (70 degrees C).