



Wonderful Meatloaf

Jacob · 28/09/2024



Prep Time

50 mins

Difficult

Medium

Servings

4

Description

This is my all time favorite recipe for meatloaf You can substitute the ketchup for barbecue sauce

Ingredients

— - 1 pound ground beef - $\frac{3}{4}$ cup cooked rice - 1 tablespoon brown sugar - $\frac{3}{4}$ cup chopped onion - 1 tablespoon ketchup - $\frac{1}{2}$ cup ketchup

Instructions

1. Preheat oven to 350 degrees F (175 degrees C). In a large bowl
2. combine the beef
3. rice
4. brown sugar
5. onion and 1 tablespoon ketchup. Mix well and place in a 5x9 inch loaf pan. Bake at 350 degrees F (175 degrees C) for 30 minutes. Spread remaining $\frac{1}{2}$ cup ketchup over the top of the loaf. Bake for 15 more minutes.