



Basic Sheet Pan Chicken Sausage and Roasted Cabbage

Jacob · 28/09/2024



Prep Time

40 mins

Difficult

Medium

Servings

4

Description

This baked chicken sausage recipe is so easy to make and perfect for fall. Chicken sausages, apple, onion, and cabbage make this family-friendly one-pan dinner totally irresistible.

Ingredients

- - cooking spray - 8 cups shredded cabbage - 1 apple
- sliced - 1 white onion
- sliced - 2 tablespoons olive oil - 1 ½ tablespoons white vinegar - 1 teaspoon salt - ½ teaspoon ground black pepper - 8 links chicken sausage

Instructions

1. Preheat the oven to 425 degrees F (220 degrees C). Grease a rimmed baking sheet with cooking spray. Combine cabbage
2. apple
3. onion
4. olive oil
5. vinegar
6. salt
7. and pepper in a large bowl; toss until well coated. Place in a single layer on the prepared baking sheet. Bake in the preheated oven until slightly tender
8. about 20 minutes. Toss cabbage mixture and place sausages on top. Bake until sausages are crispy and cabbage has caramelized
9. about 10 minutes more.