



Instant Pot SteelCut Oats

Jacob · 28/09/2024



Prep Time

10 mins

Difficult

Easy

Servings

30 mins

Description

Steelcut oats and the Instant Pot two of my favorite discoveries from the last 10 years Top with ground flax seed hemp seed cinnamon fruit honey syrup vanilla extract nut butter etc

Ingredients

— - 3 cups water - 1 cup steel-cut oats

Instructions

1. Gather all ingredients. Dotdash Meredith Food Studios Combine water and oats in a multi-functional pressure cooker (such as Instant Pot). Close and lock the lid. Select high pressure according to manufacturer's instructions; set timer for 3 minutes. Allow 10 to 15 minutes for pressure to build. Dotdash Meredith Food Studios Release pressure using the natural-release method according to manufacturer's instructions
2. 10 to 40 minutes. Oats will thicken as they cool. Dotdash Meredith Food Studios Recipe Tip You can use soy milk or any nut milk in place of water.