

Easy Chicken with Mushrooms and Zucchini in Cream Sauce

Jacob · 28/09/2024

**Prep Time**

25 mins

Difficult

Medium

Servings

2

Description

A quick and easy dinner with chicken breast zucchini and mushrooms that is one of my goto recipes midweek because it is ready in under 30 minutes

Ingredients

- - 1 tablespoon butter - 2 (5 ounce) boneless
- skinless chicken breasts
- cubed - salt and freshly ground pepper to taste - 1 tablespoon olive oil - 4 green onions
- chopped - 2 green zucchini
- cut in half lengthwise and into 1/4-inch slices - 8 large fresh mushrooms
- sliced - 1 tablespoon all-purpose flour - $\frac{3}{4}$ cup heavy whipping cream - 1 tablespoon chopped fresh parsley

Instructions

1. Melt butter in a skillet over medium heat and cook chicken until slightly browned
2. stirring frequently
3. 5 to 7 minutes. Season with salt and pepper and transfer to a plate. Cover with foil or a bowl to keep warm.
Heat olive oil in the same skillet over medium heat and cook green onions until soft
4. about 2 minutes. Add zucchini slices and cook until softened
5. about 5 minutes. Add mushrooms and stir to combine. Return chicken to the skillet and sprinkle with flour.
Stir in cream and cook until sauce has thickened
6. 3 to 5 minutes. Sprinkle with chopped parsley. Jakub Sciora