



Keto Mozzarella Alfredo Sauce

Jacob · 30/09/2024



Prep Time

13 mins

Difficult

Medium

Servings

1

Description

Extremely easy to make this lowcarb highfat keto Alfredo sauce pairs perfectly with keto pasta or lovely grilled chicken

Ingredients

- - ¼ cup heavy whipping cream - 1 ounce mozzarella cheese
- cubed - 1 tablespoon butter - ½ teaspoon onion powder - ½ teaspoon minced garlic - 1 dash salt - 1 dash ground black pepper

Instructions

1. Combine heavy cream
2. mozzarella cheese
3. butter
4. onion powder
5. garlic
6. salt
7. and pepper in a small saucepan over medium heat. Cook and whisk ingredients until smooth
8. 3 to 5 minutes. Simmer
9. stirring occasionally
10. for 5 minutes more. Cook's Note: You can also use 1 mozzarella string cheese cut or torn into very small pieces.