

Summer Fresh Fruit Salad

Jacob · 30/09/2024

**Prep Time**

12

Difficult

Medium

Servings

12 servings

Description

A delicious colorful blend of summers fresh fruit topped with citrus dressing and finished with toasted pecans

Ingredients

- - 2 cups watermelon
- seeded and cut into bite-size pieces - 2 cups cantaloupe
- cut into bite-size pieces - 2 cups fresh pineapple chunks - 2 cups strawberries
- hulled and halved if large - 2 cups fresh peaches - peeled
- pitted
- and cut into bite-size pieces - 1 cup seedless grapes - 1 cup kiwi fruit
- peeled and cut into bite-size pieces - ¼ cup cold water - ¼ cup frozen orange juice concentrate
- thawed - ¼ cup frozen limeade concentrate
- thawed - ¼ cup frozen lemonade concentrate
- thawed - 1 cup toasted pecans - 12 lettuce leaves

Instructions

1. In a large salad bowl
2. gently toss together the watermelon
3. cantaloupe
4. pineapple
5. strawberries
6. peaches
7. grapes
8. and kiwi until thoroughly combined. Combine the water and orange juice
9. limeade
10. and lemonade concentrates in a small bowl. Pour the dressing over the fruit salad. Gently toss
11. and sprinkle the salad with toasted pecans. Serve salad scooped on lettuce leaves. Cook's Note The nice thing about the fruit salad is
12. you can increase or decrease the amount of fruit and you can vary the fruit according to family preferences. If your family likes one fruit more than another or if you have a different selection of fruit
13. it would be okay to add what is available. Also
14. if you would like a fruit vinaigrette dressing I think adding an additional flavor is quite okay. A raspberry walnut vinaigrette dressing would be very nice. Or
15. if you prefer
16. you don't need to use any dressing. In this case I feel the fruit salad can stand on its own.