

BlueberryPineapple Salad with Creamy Yogurt Dressing

Jacob · 30/09/2024



Prep Time

4

Difficult

Medium

Servings

4 servings

Description

Easy and delicious fruit salad The yogurt dressing goes great with strawberries kiwis and mangoes too

Ingredients

- - 1 (20 ounce) can pineapple chunks in juice
- drained
- juice reserved - 3 tablespoons whole-milk plain Greek yogurt - 1 teaspoon honey
- or to taste - ¼ teaspoon grated lime zest - 1 cup fresh blueberries

Instructions

1. Whisk 1 tablespoon pineapple juice
2. Greek yogurt
3. honey
4. and lime zest in a medium bowl. Fold in pineapple chunks and blueberries until coated with yogurt mixture. Serve immediately. Cook's Note: The amount of honey may be increased or decreased depending on the sweetness of the fruit.