

Lebanese Bean Salad

Jacob · 30/09/2024

**Prep Time**

2 hrs 10 mins

Difficult

Medium

Servings

5

Description

This Lebanese bean salad is quick easy and tasty It can be used as a side dish or salad topper or as a snack on its own Its good with sea salt kettle chips or toast

Ingredients

- - 1 (15 ounce) can fava beans
- drained and rinsed - 1 (15 ounce) can chickpeas
- drained and rinsed - 1 (15.5 ounce) can white beans
- drained and rinsed - ¼ cup chopped flat leaf parsley
- or more to taste - 3 tablespoons olive oil - 2 cloves garlic
- minced - 1 lemon
- juiced - kosher salt and ground black pepper to taste

Instructions

1. Mix fava beans
2. chickpeas
3. white beans
4. parsley
5. olive oil
6. garlic
7. and lemon juice together in a bowl. Season with salt and pepper. Chill and marinate in the refrigerator for at least 2 hours before serving.