



Beef Taco Salad

Jacob · 30/09/2024



Prep Time

8 hrs 30 mins

Difficult

Medium

Servings

8 hrs 30 mins

Description

This taco salad with Western dressing is a favorite at all gatherings It has been passed down in our family for three generations One friend of the family comes to our gatherings specifically for this dish It is easy to make and ohso delicious

Ingredients

- - 1 pound lean ground beef - 1 (1.25 ounce) package taco seasoning mix - 1 head iceberg lettuce - rinsed
- dried
- and shredded - 1 onion
- chopped - 1 green bell pepper
- chopped - 3 cups shredded Cheddar-Monterey Jack cheese blend - 2 tomatoes
- chopped - 4 ounces crushed tortilla chips - ¼ cup French dressing
- or as needed

Instructions

1. Place ground beef in a large
2. deep skillet. Cook and stir over medium-high heat until evenly brown. Drain and discard grease. Add taco seasoning mix and prepare according to package directions. Set aside to cool. Combine cooled beef mixture
3. lettuce
4. onion
5. bell pepper
6. cheese
7. tomatoes
8. and tortilla chips in a large serving bowl. Add enough dressing to coat; mix well and refrigerate for 8 hours to overnight.