



Doritos Taco Salad

Jacob · 30/09/2024



Prep Time

30 mins

Difficult

Medium

Servings

6

Description

I love this dish It reminds me of potlucks and summertime Its full of every texture warm cool crisp soft crunchy It has a touch of sweetness and tanginess from the dressing and the lovely nacho cheese flavor from the chips with the tacoseasoned meat It all works together deliciously and is a quick and easy meal thats ready to go anytime

Ingredients

- - 1 pound lean ground beef - 1 medium onion
- finely diced - salt and ground black pepper to taste - $\frac{1}{4}$ cup water - 1 $\frac{1}{2}$ tablespoons taco seasoning mix - 1 (15 ounce) can dark red kidney beans
- drained - $\frac{1}{2}$ (12 ounce) bag nacho cheese-flavored corn chips (such as Doritos®)
- crushed - 1 large head romaine lettuce
- chopped - 1 $\frac{1}{2}$ medium tomatoes
- diced - $\frac{1}{2}$ cup shredded Cheddar cheese
- or more to taste - $\frac{1}{2}$ cup Catalina salad dressing
- or to taste

Instructions

1. Heat a large nonstick skillet over medium to medium-high heat and saute ground beef
2. diced onion
3. salt
4. and pepper together until ground beef is browned and no longer pink and onions are tender
5. about 10 minutes. Add 1/4 cup water and taco seasoning to the meat. Stir to coat and allow to simmer for 1 minute to thicken. Set aside to cool while you prep the salad. Add kidney beans
6. crushed chips
7. lettuce
8. tomatoes
9. Cheddar cheese
10. and dressing to a large bowl. Top with meat mixture and toss gently to evenly combine. Serve immediately.