Taco Stew

Jacob · 30/09/2024



Prep Time

35 mins

Dificult

Medium

Servings

8

Description

This taco stew is a great onepot meal combining ground beef with tomatoes onion beans corn and taco seasoning Quite simple to make and delicious too

Ingredients

— - 2 pounds ground beef - 1 onion

— chopped - 2 (15 ounce) cans ranch-style beans - 1 (15.25 ounce) can whole kernel corn - 1 (14.5 ounce) can peeled and diced tomatoes with juice - 1 (10 ounce) can diced tomatoes with green chile peppers - 1 (1.25 ounce) package taco seasoning mix

Instructions

1. Combine ground beef and onion in a large pot over medium-high heat; sauté until meat is browned and crumbly and onion is tender
2. 5 to 10 minutes; drain excess fat. Stir in beans
3. corn
4. tomatoes with juice
5. tomatoes with green chile peppers
6. and taco seasoning; mix well. Reduce heat to medium and cook until heated through
7. about 15 minutes.