Taco Soup

Jacob · 30/09/2024



Prep Time

6

Dificult

Medium

Servings

N/A

Description

A hearty taco soup with ground beef beans chile peppers and spices Garnish with cheese and sour cream

Ingredients

— - 1 ½ pounds lean ground beef - 1 onion

— chopped - 2 (10 ounce) cans diced tomatoes with green chile peppers - 1 (15 ounce) can kidney beans

— drained - 1 (15 ounce) can white hominy

— drained - 1 (1.25 ounce) package taco seasoning mix - 1 (1 ounce) package ranch dressing mix - ¼ cup shredded Cheddar cheese (Optional) - ¼ cup sour cream (Optional) - 1 ½ cups water

Instructions

1. In a Dutch oven
2. brown ground beef or turkey with chopped onion
3. stirring frequently. Once beef is browned
4. drain grease from the pan. Add canned tomatoes
5. kidney beans
6. hominy
7. taco seasoning
8. and ranch salad dressing mix. Mix well and let simmer over low heat for two hours. (Add 1 to 2 cups of water if necessary to make soup the desired consistency.) Ladle into soup bowls and garnish with shredded Cheddar cheese and a dollop of sour cream
9. if desired.