Speedy Tortilla Soup

Jacob · 30/09/2024



Prep Time

35 mins

Dificult

Medium

Servings

6

Description

A tasty speedy tortilla soup to make with leftover chicken and canned vegetables A family favorite requested time and again

Ingredients

— - 1 tablespoon vegetable oil - 1 medium onion

— chopped - 2 cloves garlic

— chopped - ½ teaspoon dried parsley - 1 ½ cups chopped cooked chicken - 2 (14 ounce) cans chicken broth - 1 (14 ounce) can whole kernel corn

— drained - 1 (10 ounce) can diced tomatoes with green chile peppers - ½ (1 ounce) package taco seasoning mix - 2 tostada shells

— crushed into chips - ¼ cup shredded mild Cheddar cheese - ¼ cup sour cream

Instructions

1. Heat oil in a 4-quart saucepan over medium-high heat. Saute onion
2. garlic
3. and parsley in hot oil until slightly browned
4. about 5 minutes. Add chicken and stir until well heated
5. about 2 minutes. Pour chicken broth into the saucepan; bring to a boil. Stir in corn
6. diced tomatoes
7. and taco seasoning. Reduce heat
8. cover
9. and simmer for 5 minutes. Uncover and stir in tostada chip pieces. Remove from heat and ladle into bowls. Garnish bowls with Cheddar cheese and dollops of sour cream.