Tortilla and Bean Soup

Jacob · 30/09/2024



Prep Time

10 mins

Dificult

Medium

Servings

1 hr 20 mins

Description

Heres a recipe for a Mexicanstyle soup that uses lots of beans combined with fresh chicken The taco seasoning and green chiles make this one spicy so be careful and add to your taste Serve with tortillas

Ingredients

— - 6 cups water - 4 skinless

— boneless chicken breasts - 1 onion

— chopped - 1 (15 ounce) can kidney beans - 1 (15 ounce) can ranch-style beans - 1 (15 ounce) can pinto beans - 1 (15 ounce) can black beans

— rinsed and drained - 1 (15 ounce) can white hominy - 2 (10 ounce) cans diced tomatoes with green chile peppers - 1 (1.25 ounce) package taco seasoning mix - 1 (1 ounce) package ranch dressing mix

Instructions

1. Combine the chicken and water in a large pot over high heat. Cook for 30 minutes to 1 hour
2. or until chicken is done. Remove chicken from the pot
3. and cut into bite-size pieces. Return the meat to the pot. Add the onion
4. kidney beans
5. ranch style beans
6. pinto beans
7. black beans
8. hominy
9. tomatoes
10. taco seasoning and ranch dressing mix. Mix well
11. reduce heat to low
12. and simmer for 30 minutes or until heated through.