Slow Cooker Spaghetti Squash Soup

Jacob · 30/09/2024



Prep Time

5 hrs 20 mins

Dificult

Medium

Servings

2

Description

This is a hearty spaghetti squash soup with chicken and plenty of veggies Its easy to make in your slow cooker and perfect for fall when theres so much squash

Ingredients

— - 12 ounces spaghetti squash

— peeled

— seeded

— and cut into 3-inch pieces - 1 (14.5 ounce) can petite diced tomatoes - 1 cup chicken broth - 8 ounces chicken breast

— diced - ½ green bell pepper

— chopped - 1 teaspoon salt - 1 teaspoon white sugar - 1 teaspoon chopped fresh parsley - ½ teaspoon basil - ¼ teaspoon oregano leaves - ¼ teaspoon garlic powder - ¼ teaspoon onion powder

Instructions

1. Stir spaghetti squash
2. tomatoes
3. chicken broth
4. chicken
5. bell pepper
6. salt
7. sugar
8. parsley
9. basil
10. oregano
11. garlic powder
12. and onion powder together in a slow cooker. Cook on Low for 5 to 6 hours. Cook’s Note You can use 1 teaspoon minced fresh garlic in place of the garlic powder.If you want more garlic flavor
13. replace the salt with garlic salt.