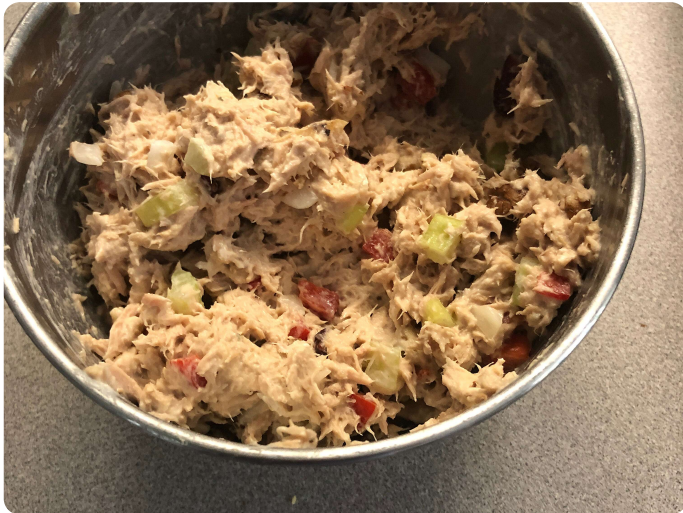




Creamy and Crunchy Tuna Salad Supreme

Savannah · 30/09/2024



Prep Time

4

Difficult

Medium

Servings

N/A

Description

This tuna and cream cheese salad is made special with the addition of cream cheese and chopped raw carrots. Red peppers make it pretty and one or two other vegetables, fruits, or nuts keep it changing and interesting. I developed this recipe after tasting cream cheese in a salmon salad sandwich at a funeral lunch in Canada many years ago. Add baby spinach or lettuce leaves and serve on your favorite bread or as a wrap in a tortilla.

Ingredients

- - 2 tablespoons mayonnaise - 2 ounces cream cheese
- softened
- or as needed - 2 (5 ounce) cans solid white tuna packed in water
- drained and flaked - ½ carrot
- finely chopped - ¼ cup diced red bell pepper - freshly ground black pepper to taste

Instructions

1. Stir mayonnaise and cream cheese together in a bowl until smooth. Add tuna
2. carrot
3. and red bell pepper; season with pepper. Cook's Note Make it your own by adding one or two of these optional ingredients as desired: 1 tablespoon of finely minced onion or green onion
4. 1 to 2 tablespoons of chopped sweet pickles (such as Sechler's candied sweet dills)
5. 2 tablespoons of chopped pecans or almonds
6. 1 to 2 tablespoons of chopped celery
7. or 2 tablespoons of chopped dried apricots
8. cherries
9. or cranberries. I have to laugh sometimes when I think I have so many ingredients
10. that one could ask
11. "Where is the tuna?"