

Canned Tuna Loaf

Savannah · 30/09/2024

**Prep Time**

45 mins

Difficult

Medium

Servings

2

Description

This is an experiment that turned out tasty It is a nice loaf which would be a nice protein dish at any meal

Ingredients

- - cooking spray - 2 eggs
- lightly beaten - 3 tablespoons mayonnaise - 1 teaspoon prepared horseradish - 1 teaspoon dried parsley - ½ teaspoon paprika - ¼ teaspoon cayenne pepper - ¼ teaspoon ground black pepper - 1 (5 ounce) can tuna packed in water - 1 cup soft bread crumbs - ½ cup chopped onion

Instructions

1. Preheat oven to 400 degrees F (200 degrees C). Prepare a glass loaf pan with cooking spray. Beat eggs
2. mayonnaise
3. horseradish
4. parsley
5. paprika
6. cayenne pepper
7. and black pepper together in a large bowl until smooth. Add tuna in water
8. bread crumbs
9. and onion; mix until evenly moistened. Pack tuna mixture into prepared loaf pan. Bake in preheated oven until hot and fully cooked in the center
10. about 30 minutes.