



Easy Arugula Salad

Oscar · 29/09/2024



Prep Time

4

Difficult

Medium

Servings

N/A

Description

This simple arugula salad is so easy even I can make it and Im a beginning cook It looks very presentable for guests and takes only minutes to make

Ingredients

- - 4 cups young arugula leaves
- rinsed and dried - 1 cup cherry tomatoes
- halved - ¼ cup pine nuts - ¼ cup grated Parmesan cheese - 2 tablespoons grapeseed or olive oil - 1 tablespoon rice vinegar - salt and freshly ground black pepper to taste - 1 large avocado - peeled
- pitted
- and sliced

Instructions

1. Combine arugula
2. tomatoes
3. pine nuts
4. Parmesan
5. oil
6. and vinegar in a large
7. lidded plastic bowl. Season with salt and pepper
8. then cover with the lid and shake to mix. Divide salad onto serving plates and top with avocado slices.