

Pesto Quinoa

Oscar · 29/09/2024

**Prep Time**

25 mins

Difficult

Medium

Servings

4

Description

I got this recipe for quinoa with pesto from a friend living in Ecuador. Quinoa was a staple of her diet there; it is a great source of protein.

Ingredients

- - 1 cup quinoa
- rinsed and drained - 2 cups chicken broth - 2 tablespoons basil pesto - 1 tomato
- diced - salt and pepper to taste

Instructions

1. Bring quinoa and chicken broth to a boil in a saucepan; cover
2. reduce heat to low
3. and simmer until liquid is completely absorbed
4. about 15 minutes. Remove the saucepan from heat; stir pesto into quinoa. Fold tomato into mixture. Season with salt and pepper.