

Colombian Lentils

Oscar · 29/09/2024



Prep Time

1 hr

Difficult

Medium

Servings

3

Description

This Colombian lentil dish is a great starter. You can make it with a bit more water and it will become somewhat of a soup or you can let it cook and eat it with a plate of rice.

Ingredients

- - ½ cup lentils - 1 ½ cups water - 1 small tomato
- chopped - 1 small onion
- chopped - 2 teaspoons ground cumin - 1 teaspoon salt - 1 tablespoon vegetable oil - 2 small yellow potatoes
- cubed

Instructions

1. Combine lentils
2. water
3. tomato
4. onion
5. cumin
6. salt
7. and oil in a large pot over medium heat; bring to a boil. Cook at a boil
8. stirring occasionally
9. until lentils are soft
10. about 30 minutes. Add potatoes and cook until potatoes are tender
11. about 15 minutes more.