

Grilled Tilapia with Smoked Paprika

Oscar · 29/09/2024



Prep Time

20 mins

Difficult

Medium

Servings

4

Description

This grilled tilapia recipe is a quick and healthy recipe My whole family loves it Enjoy with your favorite salad

Ingredients

— - 3 tablespoons olive oil - 2 teaspoons ground smoked paprika - 1 teaspoon garlic powder - $\frac{1}{2}$ teaspoon salt
- $\frac{1}{2}$ teaspoon freshly ground black pepper - 4 (6 ounce) tilapia fillets - cooking spray

Instructions

1. Combine olive oil
2. paprika
3. garlic powder
4. salt
5. and black pepper in a small bowl; stir well. Brush oil mixture evenly over tilapia fillets. Heat a large nonstick grill pan over medium-high heat; grease with cooking spray. Grill fish until it flakes easily with a fork
6. about 4 minutes per side. Recipe Tip The tilapia can also be prepared on an outdoor grill.