



Amy39s Delicious Turkey Burgers

Oscar · 29/09/2024



Prep Time

15 mins

Difficult

Medium

Servings

4

Description

These easy turkey burgers are spiced up with red pepper flakes and garlic They are so delicious my family requests that I make them for every social event

Ingredients

— - 1 pound ground turkey - ½ cup crushed cheese-flavored crackers - 1 egg - 1 tablespoon red pepper flakes
- 1 tablespoon garlic powder - 1 teaspoon dried minced onion (Optional)

Instructions

1. Preheat an outdoor grill for high heat and lightly oil the grate. In a large bowl
2. mix together ground turkey
3. crushed crackers
4. egg
5. red pepper flakes
6. garlic powder
7. and onion until well combined. Form into four fat patties. Cook patties on the preheated grill until no longer pink in the center
8. about 5 minutes per side. An instant-read thermometer inserted into the center should read at least 160 degrees F (70 degrees C). Tips Use any type of cracker that you like. Cheese crackers are my favorite.