



Mango Oatmeal Breakfast Smoothie

Jacob · 29/09/2024



Prep Time

1

Difficult

Medium

Servings

1 smoothie

Description

This mango oatmeal breakfast smoothie is a great way to start off your day For a creamier taste use milk in place of orange juice You can use vanilla yogurt instead of plain yogurt if desired

Ingredients

- - ½ cup orange juice - ½ cup frozen mango chunks - ½ banana
- cut into chunks - ? cup plain yogurt - ¼ cup oats

Instructions

1. Place orange juice
2. mango
3. banana
4. yogurt
5. and oats in a blender; blend until smooth.