



NoSugarAdded Oatmeal Cookies

Jacob · 29/09/2024



Prep Time

30 mins

Difficult

Medium

Servings

24

Description

Low in sugar these oatmeal cookies are naturally sweet from applesauce bananas and raisins they're sure to satisfy a sweet tooth. They're also made without flour and lactose.

Ingredients

- 2 cups rolled oats - 3 medium ripe bananas
- mashed - ½ cup raisins (Optional) - ¾ cup applesauce - ¼ cup almond milk - 1 teaspoon vanilla extract - 1 teaspoon ground cinnamon

Instructions

1. Gather the ingredients. Dotdash Meredith Food Studios Preheat the oven to 350 degrees F (175 degrees C). Line a baking sheet with parchment paper. Stir oats
2. bananas
3. raisins
4. applesauce
5. almond milk
6. vanilla
7. and cinnamon together in a bowl until well combined. Dotdash Meredith Food Studios Drop spoonfuls of dough 2 inches apart onto the prepared baking sheet. Dotdash Meredith Food Studios Bake in the preheated oven until the edges are golden
8. 15 to 20 minutes. Dotdash Meredith Food Studios