



Pumpkin French Toast

Jacob · 29/09/2024



Prep Time

25 mins

Difficult

Medium

Servings

4

Description

On a quest to get my kids to eat more veggies and not just at dinner time my pumpkin french toast has now become a family favorite Drizzle with maple syrup and sprinkle a small amount of powdered sugar for fun

Ingredients

— - 4 eggs - ¼ cup canned pumpkin puree - 1 teaspoon ground cinnamon - 1 pinch ground nutmeg - 8 slices whole wheat bread - 2 teaspoons butter

Instructions

1. Beat the eggs
2. pumpkin puree
3. cinnamon
4. and nutmeg together in a bowl. Dip the bread slices into the pumpkin mixture until coated on both sides. Melt 1 teaspoon of butter in a large skillet over medium-high heat. Place 4 of the bread slices into the skillet and cook until browned on both sides
5. about 3 minutes per side. Repeat with the remaining bread and butter.