

Instant Pot Shredded Chicken

Jacob · 29/09/2024

**Prep Time**

5 mins

Difficult

Medium

Servings

45 mins

Description

Shredded chicken is really easy to make in your Instant Pot Make this big batch and reheat as needed

Ingredients

- - 4 pounds skinless
- boneless chicken breasts - ½ cup water - 1 teaspoon salt - ½ teaspoon ground black pepper

Instructions

1. Combine chicken breasts
2. water
3. salt
4. and pepper in a multi-functional pressure cooker (such as Instant Pot). Close and lock the lid. Select high pressure according to manufacturer's instructions; set timer for 20 minutes. Allow 10 to 15 minutes for pressure to build. Release pressure carefully using the quick-release method according to manufacturer's instructions
5. about 5 minutes. Unlock and remove the lid. Shred the chicken using 2 forks. Store shredded chicken in an airtight container with the liquid to help keep it moist. Recipe Tip Substitute chicken broth for the water if preferred.