



Orange Honey and Soy Chicken

Jacob · 29/09/2024



Prep Time

35 mins

Difficult

Medium

Servings

2

Description

This is a lovely sweetandsticky meal without the guilt the family whole family will enjoy If you are cooking with rice or another side that takes awhile to cook prepare that first

Ingredients

- - 2 skinless
- boneless chicken breast halves
- diced - 2 oranges
- juiced - ¼ cup soy sauce - ¼ cup honey - 1 tablespoon garlic paste - 1 tablespoon ginger paste - ground black pepper to taste

Instructions

1. Combine chicken
2. orange juice
3. soy sauce
4. honey
5. garlic paste
6. ginger paste
7. and black pepper in a large nonstick skillet over medium-high heat. Cook and stir until the sauce reduces to a sticky glaze and the chicken is cooked through
8. about 20 minutes.