

Instant Pot Apple Pie SteelCut Oats

Jacob · 29/09/2024



Prep Time

10 mins

Difficult

Medium

Servings

30 mins

Description

Oatmeal made in the Instant Pot with apples apple pie spices and steelcut oats Serve with your favorite toppings we added pecans a little almond milk and a drizzle of maple syrup

Ingredients

- - 3 cups water - 1 cup steel-cut oats - 1 apple
- or more to taste
- chopped - 1 ½ teaspoons ground cinnamon - ½ teaspoon salt - ¼ teaspoon ground nutmeg

Instructions

1. Combine water
2. oats
3. apple
4. cinnamon
5. salt
6. and nutmeg in a multi-functional pressure cooker (such as Instant Pot). Close and lock the lid. Seal the vent. Select Manual function; set the timer for 5 minutes. Allow 10 to 15 minutes for pressure to build. Release pressure using the natural-release method according to manufacturer's instructions
7. about 10 minutes. Release remaining pressure naturally. Stir and remove the pot carefully with oven mitts.